

Halifax metro

SEAMUS O'REGAN
Liberal MP enters rehab for
'alcohol-free lifestyle'
metroNEWS



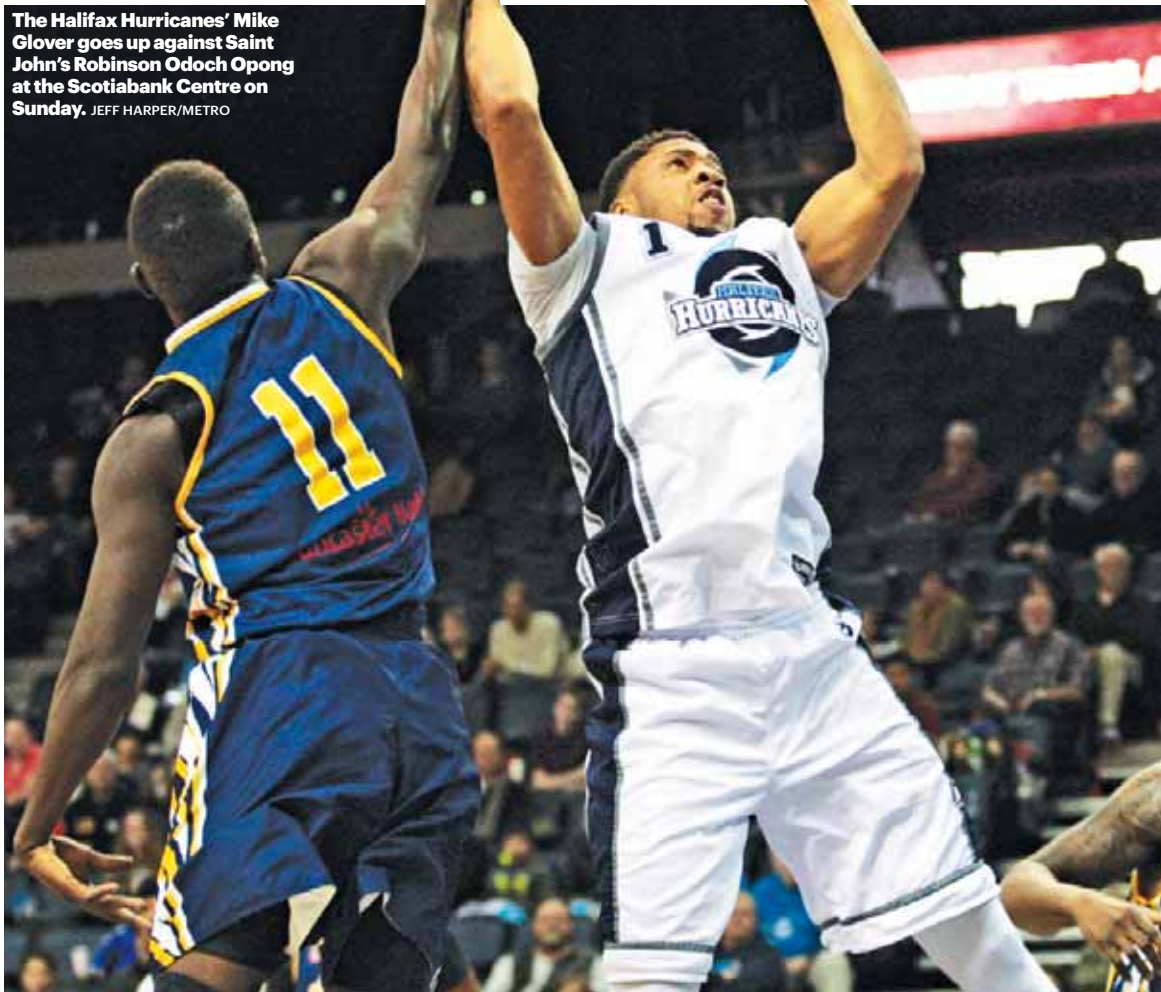
Your essential daily news

MONDAY, JANUARY 4, 2016

High -1°C/Low -11°C Some sun, flurries



The Halifax Hurricanes' Mike Glover goes up against Saint John's Robinson Odoch Opong at the Scotiabank Centre on Sunday. JEFF HARPER/METRO



HIGH HOOPS

Halifax NBL franchise brings new look, new name and new hope into new season **metroNEWS**

'Words are hardly adequate'

NEW YEAR'S EVE

Apparent drug overdose leads to charges against friend



Zane Woodford
Metro | Halifax

A man from Dartmouth is scheduled to appear in provincial court Monday after police say he failed to get help for his friend when he overdosed.

Jesse Raymond Gaetz, 23, is charged with criminal negligence causing death after 24-year-old Jesse Smith, also from Dartmouth, died in hospital over the weekend from an apparent drug overdose early New Year's Day.

Police were called to a home on Horizon Court in Dartmouth at about 1:20 a.m. on Jan. 1, and later arrested Gaetz.

"One of the people that was present at the time was arrested, and during the course of the investigation it was found that there was enough grounds to believe that he didn't provide the necessary assistance, so he was charged with criminal negligence," Staff Sgt. Bill Morris

said Sunday.

Morris said the accused and the victim were friends.

He said police are not releasing the kind of drugs that were involved, and said they "aren't 100 per cent sure" of exactly when Smith died, just that they got a call from the QEII on Saturday.

A GoFundMe page titled "In Loving Memory of Jesse Smith" was set up on Saturday with a goal of raising \$5,000. That goal was surpassed in less than 24 hours, and friends and family posted condolences as donations continued to pour in.

"Words are hardly adequate to measure the sorrow felt at your loss," one post reads. "You (affected) everyone around you. Every time I saw you, there was a smile on your face. The world should be thankful that it had you in it, even for a short time."



Jesse Smith GOFUNDME



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ARMSTRONG LAKE

Woman killed in snowmobile crash

A 29-year-old woman from Halifax is dead after the snowmobile she was driving smashed into a tree.

The RCMP say the accident happened in the community of Armstrong Lake in Kings County on Saturday around 3 p.m.

Police say the woman was snowmobiling on a groomed trail when she crashed into a tree.

She died at the scene.

A male passenger received

+ IDENTITY

Police have not released the name of the victim.

minor injuries but declined the help of paramedics.

"The investigation is ongoing. Our thoughts are with the victim's family and friends at this difficult time," an RCMP release states.

METRO

MOUNT UNIACKE

Missing Bedford man found dead in vehicle

A missing Bedford man has been found dead, Halifax Regional Police confirmed.

Jonathan Chigier, 48, was reported missing Dec. 19 by his family after driving away from his home in a Honda CRV on Dec. 18.

His remains were found in

his vehicle at about 2 p.m. last Wednesday, after a woman out for a walk on a back road in Mount Uniacke came across a snow-covered vehicle and called East Hants RCMP.

Foul play isn't suspected, Halifax Regional Police said in a news release. METRO

LUNENBURG COUNTY

Three teens nabbed for vandalism spree

RCMP in Nova Scotia say three teens face charges following a string of vandalism incidents.

The incidents occurred between the communities of Hubbards and Chester during the overnight and early morning hours of Dec. 26 and 27.

Police say several windows were smashed and a number of businesses and properties were

vandalized.

The Mounties say Christmas decorations at the Chester train station were vandalized and a tractor trailer that was parked at the Hubbards

COURT

Police say the teens have been released and are to appear in a Bridgewater court April 27.

Mall also had its windows smashed out. Three teens from Lunenburg County aged 16, 17 and 18 face numerous counts of mischief.

THE CANADIAN PRESS

IN BRIEF

Pedestrian dies of injuries

Police in Halifax say a 72-year-old man who was struck by a vehicle last summer has died of his injuries. Michael David Caryi was hit while using a marked crosswalk Aug. 2 near the Armdale roundabout. Police say he died last week. THE CANADIAN PRESS

Driver slams into golf course

A Musquodoboit man faces charges after fleeing police and having a car end up on the fairway of a Dartmouth golf course. Police say that at 11:30 p.m. last Tuesday, officers stopped the driver for speeding only to have him take off and crash into the golf course. METRO



Jason MacKenzie, shown here being escorted by sheriffs, is charged with Nicole Campbell's murder. ADAM MACINNIS/TC MEDIA

Charges laid in death of New Glasgow resident

HOMICIDE

Accused known to police, set to appear in court on Monday

A 36-year-old man will appear in court Monday to face a charge of second-degree murder in the death of Nicole Campbell.

Jason MacKenzie was arrested on Thursday around 11:30 a.m. in front of a Temperance Street building in downtown New Glasgow where Campbell's body was found Wednesday.

He has been remanded into

custody and is scheduled to appear in Pictou provincial court on Monday at 10:30 a.m.

On Friday around 1 p.m. he was seen being loaded into a sheriff's van while wearing the same shorts and muscle shirt he was wearing when picked up on Thursday.

Const. Ken MacDonald said the accused is known to police.

At 4:30 p.m. on Wednesday, New Glasgow Regional Police received a 911 call, which led officers to an apartment on Temperance Street. MacDon-ald said someone other than the victim called 911.

An autopsy was scheduled to be completed in Halifax on Friday, but the cause of death

+ FACEBOOK MESSAGES FROM FRIENDS

"I can't believe you're gone Nikki, you will always be loved and missed, you are a beautiful angel now watching over your beautiful mother and children." - ROBYN LAYBOLT

"You were such a sweet-heart and will be loved to death. Rest in peace my angel and fly high in the sky" - LAUREN CROWELL



Murder victim Nicole Campbell. FACEBOOK

is not being released as the investigation continues.

Officers with the New Glasgow Regional Police Major Crimes Unit and the New Glas-

gow Regional Police Forensic Identification Unit were at the scene throughout the day Thursday and Friday.

TC MEDIA

TORONTO

Wanted suspect arrested

A Halifax man wanted for attempted murder who police have been trying to find for more than two months has been arrested in Toronto.

Police say a 46-year-old man suffered life-threatening injuries on Oct. 21 after being struck

with a blunt object during an altercation. He was released from hospital within a week.

Police issued an arrest warrant for 24-year-old Arnelle Wellington Ellison on Oct. 23.

They say Toronto police arrested the suspect on Tuesday

and he was returned to Halifax on Thursday.

Ellison is facing charges including attempted murder, assault with a weapon and possession of a weapon for a dangerous purpose.

THE CANADIAN PRESS



Arnelle Wellington Ellison HANDOUT/HALIFAX REGIONAL POLICE



New Speaker of the House of Commons **Geoff Regan** speaks after being elected in the House of Commons on Parliament Hill in Ottawa on Dec. 3. CHRIS WATTIE/AFP/GETTY IMAGES

A Speaker with some attitude

HOUSE OF COMMONS

Halifax West MP looking to change tone of debates

Like a teacher's scolding, the comment from the chair cut through the noise.

"Does the member for Peace River-Mackenzie have a problem? I'm glad he doesn't," Geoff Regan, the newly minted Speaker of the House of Commons, said as he stared down

on the Conservative benches. The bemused looks on the faces of MPs provided the clue that Regan's barb had missed its mark.

"What's your riding? We'll get it, we'll get it," Regan said.

It's early days for the new Speaker in town, a job that demands the skills of an umpire and diplomat, a politician who can handle the ceremony of the post and command the respect of MPs to keep their behaviour in line.

As Regan discovered early on, one challenge of occupying the Speaker's chair is learning

names — names of new MPs — there are almost 200 new ones — new ridings and new ministries. But that won't deter him in his goal of changing the tone of debate in the chamber. Canadians' image of democracy and politicians depends on it, Regan says.

"When I see people who have negative views about the people who are in their democratic institutions, I get concerned about their views towards democracy," Regan said.

"I think we always have to look to ways to ensure that Parliament is relevant and that people feel they can have their say in the political process," he said.

In one of the first acts of the new Parliament, Regan was elected Speaker in a secret ballot. He took the chair denouncing the heckling that has become like a permanent

white noise.

Regan stresses that he understands political parties have a responsibility to present alternative visions and policies, often opposing what the government is proposing.

"That's an adversarial process. There's going to be a conflict of ideas, of proposals, of approaches. That's healthy and I don't want to live in a country where that doesn't exist," he said.

"People are going to have strong feelings about that sometimes. But what I'd like to see is a greater degree of respect shown for each other," he said.

And he made clear that he is determined to shut down the kind of comments that veer far beyond political debate, the nasty and relentless put-downs that actually seek to deter fellow MPs from speak-

+ KEEPING ORDER IN THE HOUSE

Regan opts for 'light touch'

It's easy to see the debates of years past through rose-coloured glasses, viewing them as always intelligent, civil and respectful. Clearly, that's not the case. But Geoff Regan thinks the tone has gotten worse in recent years, a trend he is seeking to reverse.

Speakers have always sought to control debate in

the Commons with congenial understatement, a polite "tut, tut" or repeated "order, order" to dampen unruly voices.

Regan says he too will be taking a "light touch," using more carrot than stick to influence behaviour.

"I want Question Period to flow as smoothly as possible so the less that I feel I have to say, the better."

ing in the chamber.

"That's not cool. That's no longer appropriate," Regan said. "It's intimidation. It's bullying. Let's call it for what it is. Let's try to bring an end to it and I hope Canadians will help me to achieve that."

Having served as a cabinet

minister, parliamentary secretary, backbench MP and opposition member, Regan has seen all corners of the Commons.

But the 56-year-old MP for the riding of Halifax West admits he never saw himself sitting in the Speaker's chair.

TORSTAR NEWS SERVICE



Ask a passerby what they think about people yelling in the House of Commons when someone is trying to talk and I think you'll get an earful.

Geoff Regan

Hurricanes hope to succeed as new hoops team in town

NBL OF CANADA

Small fan base begins to build; Rainmen only a memory



Zane Woodford
Metro | Halifax

The Halifax Hurricanes are already doing better than the Halifax Rainmen did last season in the National Basketball League of Canada, according to one of the team's owners.

Don Mills, the CEO of Halifax polling firm CRA and part-owner of the team, said Sunday during a home game that saw the Hurricanes win in overtime that season-ticket sales have surpassed 500.

"We've got a pretty good season-ticket base – much better than any time in the past – and as I understand it, our season tickets are second in the league," he said.

Sunday's game was sparsely attended, but Mills attributed that to the time of year.



A sparse crowd watches the Hurricanes play Saint John at the Scotiabank Centre on Sunday. JEFF HARPER/METRO

"It's not the best time of year to get people to think about coming out because they're

busy doing other things," he said.

Mills said he expects ticket sales to grow as the season moves on.

The owners' goal is to hit 2,000 season tickets by the team's third season. He wants the Hurricanes to be the best franchise in the league.

"We have a good product and a good entertainment value, and we think that's really possible," he said.



I'm pretty confident Halifax will get behind this team when they see the calibre of the team.

Halifax Hurricanes part-owner Don Mills

Basketball fan Jamie Jackson said during Sunday's game he's already seeing a difference between the Rainmen and the Hurricanes, which he calls a "much better team."

"If people see the effort these guys are putting in, I'm

sure they'll be successful," he said.

Mills said success also means treating Hurricanes players well.

He said the team practises at the Canada Games Centre, does Olympic-quality weight

2,000

The Hurricanes have just passed the 500 mark in season-ticket sales. They hope to quadruple that by Season 3.

training, is put up in "very nice" accommodations with "brand new" furniture and transported in a branded bus.

"We're really trying to give them a really good experience, and I think, so far, so good," he said.

Mills said the Hurricanes are a more professionally managed team, and that the group of 26 owners is more experienced in running a business – something he said former Rainmen owner Andre Levinston won't be involved in, even though he is one of those owners, and the team's general manager of basketball operations.

Levingston, and the Rainmen, declared bankruptcy in July after a disappointing end to the season in which the team bowed out of the league final and was slapped with a litany of fines.

"We're separating the management of the operations with the management of the team," Mills said.

"I believe in Andre and I think he knows what he's talking about when it comes to basketball, and that's what we have him focused on."

+ ON THE COURT

Team off to a fast start, as winning streak hits four

The Halifax Hurricanes won in overtime Sunday afternoon, beating the Saint John Mill Rats 125-121.

The win was the team's fourth straight and puts Halifax at a league-best 5-1. Hurricanes forward Mike Glover led the team with 35 points. ZANE WOODFORD/METRO

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PROVINCIAL GOVERNMENT

Rights commission adds two

The Nova Scotia government has appointed an aboriginal educator and a former councillor to the Human Rights Commission.

Mark Furey, acting minister for the Human Rights Act, announced the appointment of Cheryl Knockwood of Membertou and Jerry Blumenthal

of Halifax. Furey says commissioners play an important role in making decisions on human rights issues.

Knockwood, a lawyer, is the governance co-ordinator for the Membertou First Nation but has also taught aboriginal and treaty rights at Cape Breton University.

Blumenthal is a retired educator and municipal councillor who served on boards and commissions, including the Advisory Committee for Persons with Disabilities. He was president of the Union of Nova Scotia Municipalities and served for a year as deputy mayor of Halifax. THE CANADIAN PRESS

ENVIRONMENT

Province hits land protection goal

The recent designation of more than 100 areas as wilderness preserves and parks pushed the Nova Scotia government over its goal of protecting 12 per cent of land in the province by 2015.

The announcement, made by the Environment Depart-

ment last week, means the government managed to meet the legislated target just on time.

The 2015 goal of 12 per cent was set out in the Environmental Goals and Sustainable Prosperity Act, passed in 2007 by the Progressive Conservative

government of former premier Rodney MacDonald.

The newly designated sites were identified after consultations with municipalities, the Mi'kmaq, community groups, industry and hundreds of individuals.

THE CANADIAN PRESS

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SLAM DUNK

More than 130 people leapt from a wharf in Herring Cove for the 22nd annual polar-bear dip on New Year's Day. With temperatures around -1 C, members of the local fire department were on hand to make sure everyone was safe, if a little chilled. ALL PHOTOS ANDREW VAUGHAN/THE CANADIAN PRESS

Making a splash in 2016

A reveller jumps into the frigid North Atlantic at Herring Cove in the annual polar-bear swim on Friday.



One cool dude

Eighty-one-year-old Ernie Ross was first to brave the water and showed equal bravado in his fashion sense, wearing salmon-coloured swimming trunks and emblazoning his chest with the phrase "Happy 2016" in black marker.



Cowabunga!

This cow-costumed diver isn't jumping over the moon, but into frigid waters in the small community just outside of Halifax.

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Freeze frame

The waters were cold enough to turn lips blue, but that might complement this guy's purple suit. Swimming costumes definitely brightened the day, with many participants donning tutus and onesies as they plunged from the wharf.



PORT HAWKESBURY

"Resolute contends those measures discriminated in fa-

In explaining its decision

Under NAFTA rules, the Government of Canada is responsible for acts taken by provincial governments.

**The approximate amount
Resolute Forest Products
is seeking in damages**

Pacific West Corp. paid \$33 million for the Port Hawkesbury mill, and it reopened with the help of \$124.5 million in provincial assistance promised over 10 years. That was in addition to \$36.8 million the Nova Scotia government spent keeping the mill in a so-called hot idle state before striking the deal with Pacific West. THE CANADIAN PRESS

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NON-PROFIT

Young refugees stay connected via tablets



Sanam Islam
Metro | Edmonton

When it comes to helping others around the world, most people open up their wallets.

But a non-profit organization based in Toronto called The Rumie Initiative is offering a way to help vulnerable children simply by donating your time.

Rumie provides free digital educational content to underprivileged children in 11 countries through pre-loaded, solar-powered tablets.

In October, after facing a shortage of content for its new Syria campaign, the non-profit opened up an online cloud platform that allows anyone to submit high-quality educational content that can be used by the millions of Syrian refugees living in camps.

The information is then loaded on Rumie tablets and distributed to those in need.



Tariq Fancy CONTRIBUTED

"The fact that we're able to say you can give your money, but you can also give your time, is something that's kind of novel," said Rumie founder Tariq Fancy. "I think it's exciting, and volunteering online will only increase in the next several years."

Fancy, 37, gave up a lucrative career as an investment banker on Wall Street to start Rumie two years ago. In addition to putting his savings into the initiative, his degree in international development also came in handy when developing a strategy.

"Underprivileged children are underperforming because there are barriers to education," Fancy said. "By using tablets, we're providing education in way that's cheaper, faster and more efficient."

Each tablet costs \$50 to produce, and, to date, Rumie has distributed thousands of them all over the world, Fancy said. He says he hopes to expand the program to more places, such as Jordan and Turkey, in the near future.



Syrian refugees are resuming their education with the help of Rumie's solar-powered tablets. CONTRIBUTED

AWARD

Lawyer champions human rights in Syria



Gilbert Ngabo
Metro | Toronto

When Ghuna Bdiwi recently received the International Centre for Human Rights award, she said it almost didn't feel right.

"I'm nothing compared to rights activists who are living inside Syria," said the PhD candidate at York University's Osgoode Hall Law School in Toronto. "They are risking their lives every day to uphold human rights in a hostile environment. They deserve it better than me."

The annual award recognizes activists fighting for freedom and the rule of law in Middle Eastern countries.



Ghuna Bdiwi CONTRIBUTED

Born and raised in Syria, Bdiwi was working as a commercial lawyer in her native country when the uprising started in 2011. But the rapid deterioration of people's basic civil rights spurred her into action, and she co-founded a consortium of Syrian lawyers to help defend the rights of political detainees and activists.



Ontario Regional Chief Isadore Day is calling for a proper road network into the north. THE CANADIAN PRESS FILE

Vital winter roads in jeopardy: Leaders

INFRASTRUCTURE

First Nations voice concern about impact of climate change

Wonky weather conditions are prompting aboriginal leaders to raise concerns about the impact of climate change on winter roads, which serve as lifelines for food, fuel and other necessities in several northern communities.

Isadore Day, the Ontario regional chief for the Assembly of First Nations, said the reliability of the northern winter road network is in jeopardy in his province.

"The winter roads have essentially become a way of life for the communities and now they can't rely on those winter roads," Day said, noting the network is used to offset the cost to bring essential goods to fly-in reserves by air.

The problem exemplifies why there was outcry from First Nations during the recent COP21 climate change summit in Paris, Day said. He said if people want access into the north, the only viable way now is to have a proper road network.

NDP indigenous affairs critic Charlie Angus, who represents a northern Ontario riding that includes a number of First Nations communities, said money needs to be invested in sustainable infrastructure.



There will be no road if we don't have an opportunity to speak for ourselves on the issue of climate change. Isadore Day, the Ontario regional chief for the Assembly of First Nations

There has been a long-standing push for permanent roads but climate change has made the issue much more pressing, he noted. "This is the front line and this is where the action needs to be taking place now."

There is "every evidence" Canada's Aboriginal Peoples are indeed on the front lines of climate change, Indigenous Affairs Minister Carolyn Bennett said in an interview with The Canadian Press.

"I think it is very worrying

and I think that as we look not only to Ontario but to Manitoba, the proposals for the eastern road there, it is something that we are looking at and knowing that we've got to build the kind of resilient infrastructure that will deal with the changing climate."

The federal Liberal government is open to examining the impacts of the issue to allow for a long-term strategy to be developed, Bennett added.

THE CANADIAN PRESS

POLITICS

Seamus O'Regan enters 'wellness program'

Newly elected Liberal MP and former broadcast journalist Seamus O'Regan says he has entered a wellness program to adopt "an alcohol-free lifestyle."

O'Regan, who hosted CTV's Canada AM for nearly a decade, announced from his Twitter account on Sunday that he had checked into the program over the holiday break.

"I've decided after consultation with family that I can be most effective as a Member of Parliament by adopting an alcohol free lifestyle," O'Regan tweeted. "To that end, over the

holiday break, I have entered a wellness program."

O'Regan added that he will return to his duties as a MP for St. John's South-Mount Pearl before Parliament resumes later this month.

He also noted that he'd have "more to say" on the matter in the future, but asked for privacy until then.

O'Regan's husband expressed his support shortly after the announcement was made online. "So proud of my husband," Steve Doussis said on Twitter.

A spokeswoman for Prime

Minister Justin Trudeau did not comment on the matter on Sunday.

But many others expressed their encouragement for O'Regan on social media.

"VERY proud of my good friend SeamusO'Regan for getting the help he needs," tweeted Olympian and mental health advocate Clara Hughes. "I look forward to welcoming him back after treatment."

"Hugs and strength to you," added O'Regan's former Canada AM co-host Beverly Thomson.

THE CANADIAN PRESS



Liberal MP Seamus O'Regan
THE CANADIAN PRESS FILE



Clampdowns on migration, terrorism have set back the EU project. THE ASSOCIATED PRESS

EUROPE

Idea of no borders crumbles

Since it opened in 2000, the Oresund bridge between Sweden and Denmark has been a towering symbol of European integration and hassle-free travel across borders.

On Monday, new travel restrictions imposed by Sweden to stem a record flow of migrants are transforming the bridge into a striking example of how national boundaries are re-emerging. A year of clampdowns on migration and terrorism has all but killed the idea of a borderless Europe where you could drive or train-hop from Spain to Norway without showing your passport.

"We're turning back the clock," said Andreas Onnerfors, an associate professor in intellectual history. "We're going back to a time when the bridge didn't exist," he said, referring to new ID checkpoints.

The move is meant to stop undocumented migrants from reaching Sweden, which reversed its open-door policy after receiving more than 160,000 asylum-seekers last year, mainly from Syria, Iraq and Afghanistan.

It follows the reintroduction of border checks in Germany, Austria, France, Belgium and other countries in what's supposed to be a passport-free travel zone spanning 26 nations.

THE ASSOCIATED PRESS

Armed protesters call out for militias to join them

OREGON

Standoff is over local control of public land

The remote high desert of eastern Oregon became the latest flashpoint for anti-government sentiment as armed protesters occupied a national wildlife refuge to object to a prison sentence for local ranchers for burning federal land.

Ammon Bundy — the son of Nevada rancher Cliven Bundy, who was involved in a 2014 standoff with the government over grazing rights — was among the people at the headquarters

of the Malheur National Wildlife Refuge. It was unclear how many people were taking part in the protests.

Ammon Bundy posted a video on his Facebook page asking for militia members to come help him. He said "this is not a time to stand down. It's a time to stand up and come to Harney County," where Burns is located.

Bundy and other militia members came to Burns last month, a small town 450 kilometres southeast of Portland, Ore. They were upset over the looming prison sentences for local ranchers Dwight and Steven Hammond. They went to the wildlife refuge Saturday following a rally to support the ranchers.



If we do not ... take a hard stand, we'll be in a position where we'll be no longer able to do so.

Ammon Bundy

Dwight Hammond, 73, and Steven Hammond, 46, said they lit the fires on federal land in 2001 and 2006 to reduce the growth of invasive plants and protect their property from wildfires. The two were convicted of the arsons three years ago and served time — the father three months, the son one year. But a federal judge ruled in October that their terms were too short under U.S. minimum-sentencing law and ordered them back to

prison for about four years each.

The decision generated controversy and is part of a decades-long dispute between some Westerners and the federal government over the use of public lands. Critics of the push for more local control have said the federal government should administer the public lands for the widest possible uses, including environmental and recreation.

In an interview posted on Facebook, Bundy said he and others

are occupying a building at the refuge because "the people have been abused long enough." He said the group planned to stay indefinitely.

Dwight Hammond has said he and his son plan to report to prison Monday as ordered.

Harney County Sheriff Dave Ward said the armed protesters came under false pretenses. "These men came to Harney County claiming to be part of militia groups supporting local ranchers, when in reality these men had alternative motives to attempt to overthrow the county and federal government in hopes to spark a movement across the United States," he said in a statement. THE ASSOCIATED PRESS



Protesters march Saturday in support of an Oregon ranching family facing jail for arson. Family members were convicted three years ago and served time. But a judge ruled their terms were too short under federal law and ordered them back to prison for about four years each. LES ZAITZ/THE OREGONIAN/THE ASSOCIATED PRESS

U.S. POLITICS

Obama considers action on gun control

Back at the White House after a two-week Hawaiian vacation, U.S. President Barack Obama says he is energized for his final year in office and ready to tackle unfinished business, turning immediate attention to the issue of gun violence.

Obama scheduled a meeting Monday with Attorney General Loretta Lynch to discuss a three-month review of what steps he could take to help reduce gun violence. The president is expected to use executive action to strengthen background checks required for gun purchases.

Republicans strongly oppose any moves Obama may make, and legal fights seem likely over what critics would view as infringing on their constitutional rights to bear arms. But Obama is committed to an aggressive agenda in 2016 even as public attention shifts to the presidential election.

While in Hawaii, Obama worked on his final State of the

Union address, scheduled for Jan. 12. The speech will give the president another chance to try to reassure the public about his national security stewardship after the attacks in Paris and San Bernardino, California.

Republicans have outlined a competing agenda for January, saying they will spend the first days of 2016 taking another crack at eliminat-

ing keys parts of the president's health insurance law and ending federal funding for women's health care provider Planned Parenthood. The legislation is unlikely to become law, but it is popular with the Republican base in an election year.

The debate about what Obama may do on gun violence already has spilled over into the presidential campaign. Hillary Clinton has called for more aggressive executive actions on guns, and rival Bernie Sanders said he would support Obama's expected move.

THE ASSOCIATED PRESS



Barack Obama GETTY IMAGES

DIPLOMACY

Saudi Arabia cuts ties with Iran

Saudi Arabia announced Sunday it was severing diplomatic relations with Shiite powerhouse Iran amid escalating tensions over the Sunni kingdom's execution of a prominent Shiite cleric.

The move came hours after protesters stormed and set fire to the Saudi Embassy in Tehran and followed harsh criticism by Iran's top leader of the Saudis' execution of Sheikh Nimr al-Nimr.

Saudi Foreign Minister Adel al-Jubeir said Iranian diplomatic

personnel had 48 hours to leave his country and Saudi diplomatic staff in Iran were called home.

The mass execution of al-Nimr and 46 others — the largest in three and a half decades — laid bare the sectarian divisions gripping the region as demonstrators took to the streets from Bahrain to Pakistan in protest.

Al-Nimr was a central figure in Arab Spring-inspired protests by Saudi Arabia's Shiite minority until his arrest in 2012.

THE ASSOCIATED PRESS

Making it on social media

CONTENT CREATION

Lucrative for some, struggle for others

When online personality Essena O'Neill "quit" social media, she gained a wave of media coverage. The 19-year-old Australian said she earned close to \$2,000 per post on her social-media channels without being a conventional celebrity.

South Korean singer Psy earned \$5.9 million for his viral hit, Gangnam Style. The number of YouTube channels earning six figures is up 50 per cent from 2014, according to a company spokesman.

More people than ever are making a living online. How much are they banking — and how are they cashing in?

YOUTUBE: If you create your own content, you can become a YouTube partner and receive a small percentage of ad revenue from clips before your video or on in-video banners. **How much can you make?** James Dodds III of sketch com-



Essena O'Neill said she earned close to \$2,000 per social-media post before she "quit" the platforms. ESSENA O'NEILL/INSTAGRAM

edy group TrueNuff.tv said he received about \$1.57 per 1,000 views. But not all are so successful. Gaby Dunn of comedy channel Just Between Us, which has 500,000 subscribers, recently wrote they are "barely

scraping by" and the money was "unpredictable" and "not enough to live."

VINE: The short-form video platform doesn't run ads like Youtube, but that hasn't

stopped creators from earning six-figure salaries. Mainstream brands are increasingly turning to Vine stars for content creation to engage with users as naturally as possible.

How much can you make?

Cody Johns, who has 3.6 million followers and more than a billion Vine views, told Business Insider one video campaign can net him upward of \$20,000. Rob Fishman, who co-founded digital-advertising group Niche, says the top creators can receive \$50,000 for one six-second clip.

INSTAGRAM: Users can make money from gaining followings and offering that audience to advertisers. Typically, creators make money on the platform through product placement or being hired to garner publicity by posting event photos.

How much can you make? Canadian style, fashion and travel blogger Ania Boniecka, who has just over 100,000 followers, said a single photo could net her \$500. Anthony Danielle, co-founder of the Mobile Media Lab agency, has said more than 100,000 followers can net \$700 to \$900. More than 500,000 followers could be worth \$2,000 to \$3,000, and \$4,000 is the most Instagrammers have been paid, says a Yahoo article.

TORSTAR NEWS SERVICE

ENERGY

Google offering solar tips

The company that lets you compare air fares and translate foreign languages online wants to make it easier to weigh the costs and benefits of installing solar panels on household rooftops.

Google is rolling out a new online service that quickly tallies up considerations of going solar and whether homeowners should consider buying or leasing photovoltaic panels costing thousands of dollars. Google's Project Sunroof combines the eye-in-the-sky images behind Google Earth with calculations on how much shade trees cast over a rooftop, data on local weather patterns, industry pricing and available subsidies to arrive at its bottom line.

Interested potential customers are referred to solar-panel installers for further follow-up, cutting their marketing costs, said Carl Elkin, the senior software engineer behind the service. "We at Google believe in solar energy. The solar industry needs our help," he said.

THE ASSOCIATED PRESS

Food co-operatives becoming a rarity

Food co-operative programs that allow members to scoop rice, sort organic vegetables and ring up sales in return for grocery discounts are fading fast amid a changing marketplace and fears of violating labour laws.

The "member labour" or volunteer programs are inter-

twined with the do-it-yourself idealism that launched a wave of co-ops in the '70s. But they have become rare.

At Honest Weight Food Co-Op in Albany, N.Y., an effort to drop its volunteer program has riled members. Supporters say the involvement of member-owners differentiates

co-ops in an age when even strip-mall supermarkets sell locally grown produce.

Working member programs were a basic feature of co-ops, launched decades ago during a flush of interest in natural living and alternatives to big capitalism. The programs offered cheap labour for stores

with little capital.

The larger issue weighing on the board at Honest Weight and other co-ops is the fear that labour officials could classify their working members as employees rather than volunteers, leaving them open to charges they are violating minimum-wage rules. THE ASSOCIATED PRESS



Shoppers fill containers in the bulk department at Honest Weight Food Co-Op in Albany, N.Y. MIKE GROLL/THE ASSOCIATED PRESS

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ROSEMARY WESTWOOD

metroview

A new New Year's resolution: Enjoy exactly who we are

All will be well.

It's the title of a book of daily religious reflections Mum gave me a few years ago. I spent a while trying to read each meditation, but it's the title that has stuck.

Holidays, even among a large and loving family like mine, are not simple bliss. We had at least two minor dramas that I'm aware of, a new rescue dog with a penchant to nip at the kids, far too much kitchen time for my parents, elbow deep in dishes or a turkey, the general mayhem of a house packed with dozens, and hangovers.

I didn't see everyone I wanted to, or call everyone I should have. And each of my three siblings is juggling some confluence of life's stress: trying to find a new home in Vancouver that's big enough and just this side of affordable, while making a mark in a new job; training the Mexican rescue dog who looks like Dobby the house-elf (loveable, but unpredictable); going back to school as an adult and fretting over grades and debt.

Just before Christmas dinner, Dad stood up at the head of the table. Westwoods don't give each other gifts (we do secret Santa) — but everyone

It's redundant to say no life (no holiday) is perfect.

makes each other cards. It's a serious requirement. No store-bought allowed. This year, Dad didn't just make us cards — he wrote us poems. And then he performed them.

One by one, eldest to youngest, he recited slant rhymes that captured our lives, at this moment. They were sweet, tinged with his offbeat humour.

He didn't gloss over our questionable histories, and noted I can "be goaded to debate fiercely on topics of gender" — a reference to a run-in we had when I was taking a gender theory class in university.

But each one ended on the same theme: Look how far you've come. And: You're doing just fine. Also: We love you.

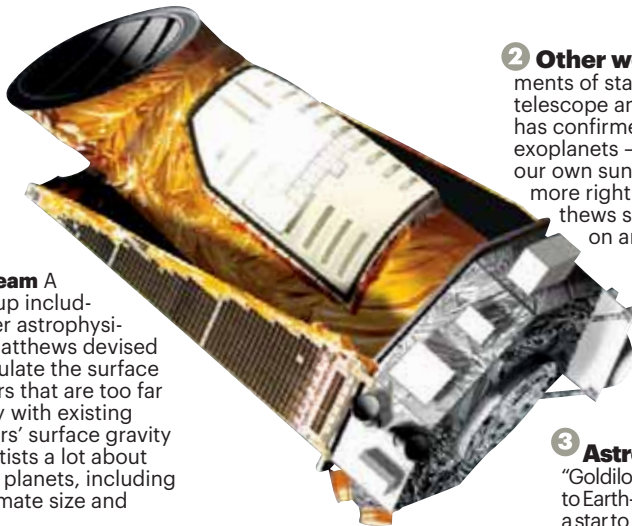
It is pat to say nothing is simple. It's redundant to say no life (no holiday) is perfect. Still, every snag can come as a surprise. An inconvenience is never foreseen, even though every day holds one. And yet for many of us, when it's put into perspective via a poem written by your dad, life really is good.

The new year is often a time to reset what we want to be. But what if, instead of imagining who we want to be, we decided to enjoy exactly who we are, and where we are.

All will be well, the book says. And all is well, too.

THE BIG THING: LIFE BEYOND EARTH

On planets right in our own Milky Way galaxy (which, to be fair, is pretty big at 9.5 hundred quadrillion kilometres across), there could be primordial soup brewing, life evolving, even whole societies developing and collapsing. We just don't know. But researchers are getting light-years closer. In a paper published this week in the journal *Science Advances*, a team including scientists from the University of British Columbia explains how they discovered a new, and more accurate, way to characterize extremely distant stars — including ones that may have orbiting planets hospitable to life. **It's a step towards eventually meeting up with whomever or whatever may call those unknown worlds home.** SOURCE: CHRISTIAN SCIENCE MONITOR



1 Distant dream A research group including Vancouver astrophysicist Jaymie Matthews devised a way to calculate the surface gravity of stars that are too far away to study with existing methods. Stars' surface gravity can tell scientists a lot about their orbiting planets, including their approximate size and temperature.

KEPLER SPACE OBSERVATORY (ARTIST RENDERING), NASA

2 Other worlds The project used measurements of star brightness from Canada's MOST telescope and NASA's Kepler spacecraft. Kepler has confirmed the existence of almost 2,000 exoplanets — planets that orbit stars other than our own sun. Preliminary findings point to billions more right in our own Milky Way galaxy. Matthews says he believes alien life will be found on an exoplanet within 20 years.

3 Astronomers' jackpot The ultimate find is a "Goldilocks planet" — not too hot, not too cold, close to Earth-sized and just about the right distance from a star to possibly harbour liquid water. Kepler has spotted a handful of these cosy worlds so far.

AIMS is taking aim at workers' charter rights

HALIFAX MATTERS

Stephen Kimber



The Atlantic Institute for Market Studies — a.k.a. the Atlantic Institute to Comfort Its Affluent Corporate Sponsors While Afflicting the Rest of Us With Neoconservative Nonsense — offers fawning support for Premier Stephen McNeil's "fiscally responsible" decision to pre-emptively eliminate bargaining rights for 75,000 provincial public sector workers. And praises McNeil's "important" step to wipe out arbitration alternatives built into public sector contracts.

No surprises there. AIMS never met a public servant it didn't think should be paid less. It should prefer to see public-sector jobs privatized so profitable corpora-

tions could eliminate their pensions and benefits while making real jobs into McJobs.

Who needs arbitrators? Or a Charter of Rights? AIMS now wishes McNeil had gone a step further and invoked the "notwithstanding clause" of the Charter of Rights and Freedoms to make it impossible to challenge the constitutionality of his almost certainly unconstitutional legislation for five years.

"The issue could drag into the courts for years," AIMS blithely rationalized in a press release. "One might as well as well have invoked the constitution's notwithstanding clause from the start."

Who needs rights? It's fascinating how easily and quickly the government and its AIMS cheerleaders transformed a much needed discussion of our "revenue

problem" into a rationale for still more cuts to exacerbate said problem.

The government's latest fiscal update — released the same day it introduced its has-to-be-passed-yesterday public-sector wage legislation — only highlights its hypocrisy.

The numbers show we don't have an expenditure problem; we have a revenue shortfall.

While government spending was within .05 per cent — a rounding error — of initial budget projections, revenues are down.

It's for many reasons, too, some a direct result of neocon priorities like those of AIMS.

After decades of slicing, dicing and chopping corporate taxes in the belief it would encourage investment and job creation, for example, corporate income-tax revenue plummeted another

\$45 million with few jobs to show. Trickle down? Torment up?

Revenue from personal income tax is down, too. Some of that reflects the government's decision — which AIMS cheered — to decimate the province's film industry. Their shared wish list for 2016 includes privatizing profitable public-sector registries.

Combine that with frozen public-sector wages, reducing how much income tax people pay, reducing the amount they can spend, reducing government HST revenues ... and you have a recipe for more of the same, only worse. Happy 2016.

Stephen Kimber is a professor of journalism at the University of King's College in Halifax and an award-winning writer, editor and broadcaster. Halifax Matters runs every Monday.

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How do you choose the right RSP for you?

NEST EGG

Finding the right fit comes down to your knowledge and expectations

Michelle Williams

You're thinking about opening a retirement savings plan. That's a good thing. Aside from the obvious benefit of creating a nest egg for your retirement, you may also get a nice deduction on your upcoming tax return.

And the savings you put away can have several years of tax-deferred growth before you withdraw the money.

Many rookie investors think that once you decide how much to put into your RSP, you're done. However, you also have to decide where and how you want to invest the money — which vehicles and products to use.

"Once you're ready to invest, you have to decide on your RSP type," says Kurt Rosentreter, a financial advisor and chartered accountant. "One option is to explore the group plan that may be offered by your employer." This type of plan is sponsored by your employer, who may top



Thinking about opening a retirement savings plan? First you have to decide where and how you want to invest the money. iSTOCK

up or match your contribution. "It's wise to take advantage of this because the employer's contribution is like free money."

An RSP is a "portable asset," says Kathleen Peace, partner and wealth advisor at Woodgate Financial Inc. and Investment Planning Counsel. "So if you leave your job, you can take it to any financial institution."

Another benefit is that you can

arrange to have contributions automatically withdrawn from your pay, so you won't miss the money. But you may not be happy with the investment options your employer's plan offers. If you're looking for more control of your investments, another option is to set up an individual plan with your bank.

"In this case, you deposit your money into an RSP account and

you can choose to buy the bank's financial products according to characteristics like your risk tolerance and your financial goals," explains Rosentreter.

For those interested in doing their own investing, "self-directed RSPs can be managed online. You can do this through most financial institutions," explains Peace. "This is an attractive option to the investor who wants to select and

manage their investments themselves and pay minimal transaction fees."

Remember to take stock of your own goals and expectations before choosing an investment.

"How and where you invest should be aligned to your risk tolerance, time horizon, tax bracket, financial knowledge, return expectations, retirement goals and other factors," says Rosentreter.

Individual vs. spousal plan

When you contribute to an individual plan, you make the contribution and you get the benefit of the tax deduction. But sometimes it's worth considering a spousal or common-law RSP.

"Usually it's the higher-income earner making a contribution to their spouse's RSP," says wealth advisor Kathleen Peace.

"The higher-earning spouse gets the tax deduction but the lower-earning spouse owns the investment. When it comes time to withdraw funds from the RSP, the couple can better manage their taxes by income splitting, as long as the spouse's contribution has remained in the plan for at least three calendar years."

The decision to open a spousal RSP, says financial advisor Kurt Rosentreter, should take into account "your income-tax bracket today and in the future for you and your spouse, your investment strategy, and your overall retirement plan."

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Astrology forecasts for 2016

HOROSCOPES

What's the year have in store? Take a look at the stars

Sally Brompton
For Metro Canada

Aries (March 21 - April 20)

Mars, your ruler, moves into passionate Scorpio at the start of the year, making it impossible to deny your feelings. Whatever it is that moves you — emotionally, mentally, intellectually or even spiritually — that is what you must dedicate yourself to in 2016. But don't overdo it. Jupiter's retrograde phase from January to May warns you cannot charge at life at 100 miles per hour all the time.

Make quality work your goal and get creative (write a book, record a song, launch a vlog) in April and August when the Sun's influence is at a peak, then sit back and enjoy the applause in the fall.

Taurus (April 21 - May 21)

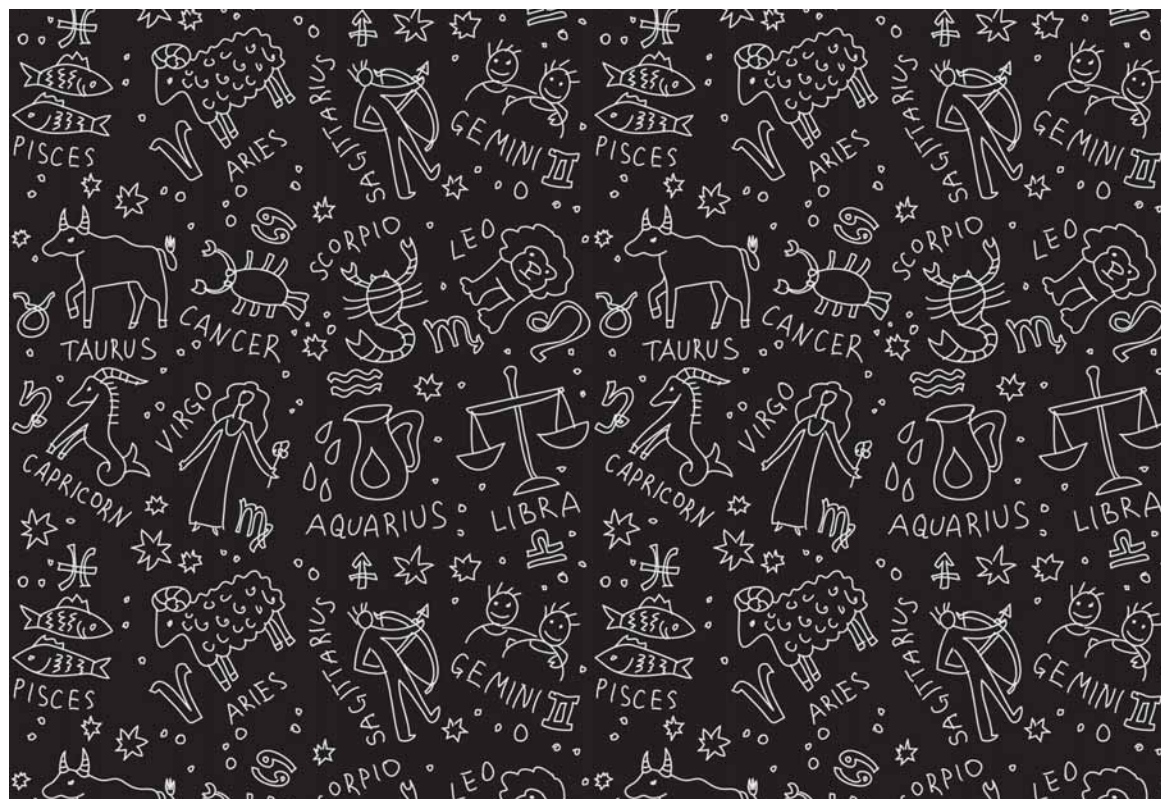
A solar eclipse in the friendship area of your chart in March means you will be expanding your area of activity, discovering new places and meeting new people. Who knew you could be so adventurous! But there are old scores to settle as well and the influence of Mars in January and February, then again in June and July, will encourage you to assert yourself in one-to-one situations.

Be blunt if you have to. Let loved ones and work colleagues know you will no longer dance to their tune — not because it's a bad tune but because you've got one of your own.

Gemini (May 22 - June 21)

Saturn and Uranus will pull you in opposite directions in 2016, Saturn trying to keep you tied to the past, Uranus trying to show you how wonderful the future could be if you have the courage to let go and go with the flow.

Mars in adventurous Sagittarius in August and Septem-



ber should tip the balance in Uranus' favour and come the close of the year you will be moving in a radical new direction. Relationship-wise you'll need a strong and steady partner to anchor your need for thrill-seeking in the real world of work and family and making ends met. A marvellous roller-coaster year!

Cancer (June 22 - July 23)

The solar eclipse in your fellow Water sign of Pisces on March 9 will encourage you to look further afield for things to inspire you. Even if you are one of those stay-at-home type Cancers you will want to travel this year, and your wanderlust will take you to some fantastic places where you meet some remarkable people.

By the time of the second solar eclipse of the year, in September, you may have put down roots in a completely new environment. Alternatively, you can stay where you are and expand your awareness through books and study. The world of the mind is your playground.

Leo (July 24 - Aug. 23)

Mars, planet of action and ambition, moves through the most dynamic area of your chart from March to May and again through August and September and these are the best months by far to begin some kind of creative or artistic endeavour. Never doubt you have what it takes to be the biggest and the best. Never doubt you have the talent to see your name up in lights.

Success will be all the more enjoyable, of course, if you can share it with someone special and Venus in the partnership area of your chart from mid-February to mid-March is sure to bring love into your life.

Virgo (Aug. 24 - Sept. 23)

Jupiter's retrograde phase from January to May will in some way hold you back from realizing your dreams and it's inevitable you will feel frustrated. But when the planet of good fortune turns in your favour again there will be no stopping you and by the time of the solar eclipse in your sign on Sept. 1

your life will be transformed.

It's likely you will come into money later in the year and you should use what you gain to enrich both yourself and those you are closest to emotionally and mentally. Virgo never stops learning. What will the next stage of your education be?

Libra (Sept. 24 - Oct. 23)

Jupiter's move into your sign in early September will in some way or other reward you for the patience and commitment you have shown through the rest of the year. Libra may be the sign of the balance but sometimes it is hard for even you to keep your cool, especially when planet Uranus seems so determined to disrupt both your domestic arrangements and your relationships. But life is a learning experience and come December, when Jupiter really starts to shine, your ability to see both sides of every story will put you at a huge advantage. Be amazing, Libra!

Scorpio (Oct. 24 - Nov. 22)

Mars in your sign at the start of

the year will endow you with a huge surge of energy and in both your career and your private life you will be making changes left, right and centre. Not only that but a second visit of Mars to your sign in June and July will give you a second bite of the cherry — and help you clear up some of the mess you made earlier in your headlong rush to be a success.

The other big influence is Jupiter, which remains in the friendship area of your chart until September. It's there to remind you that you can't do it all on your own.

Sagittarius (Nov. 23 - Dec. 21)

Sagittarius and Saturn both begin with the letter S but there the similarity ends. Sags are carefree and love taking risks, while Saturn is cautious and not one to gamble.

So, with Saturn in your sign throughout the year there is sure to be tension, but tension can be creative, and financially lucrative, if you plan ahead and accept the need to compromise.

If you start the year slowly (by your standards at least) you

can build up a head of steam that will make you unstoppable when Mars moves in your favour in August and September. For Sagittarius, there is no such word as "cannot."

Capricorn (Dec. 22 - Jan. 20)

Pluto in your sign will continue to change your life in subtle yet far-reaching ways and as early as Jan. 6, when Pluto joins with the Sun, then again on Feb. 6, when love planet Venus gets in on the act, your outlook, your lifestyle, indeed your very Capricorn DNA will undergo a transformation, though it may not seem that dramatic at the time.

Where will this leave you? Energized and liberated, free to follow your own emotional and creative needs. You will still have responsibilities, of course, but they will no longer hold you back from fulfilling your limitless potential.

Aquarius (Jan. 21 - Feb. 19)

The lunar eclipse in your fellow Air sign of Libra on March 23 will sweep away restrictions and by the time a new moon in the same sign comes around at the start of October you will be on a completely new path through life and loving every moment of it. Not everyone will be as delighted as you though and some relationships will fall by the wayside, but it's your chance for a new beginning and you have no intention of letting it pass. Aquarius has as much right to shine as anyone else and you intend to dazzle and delight every chance you get.

Pisces (Feb. 20 - Mar. 20)

Jupiter, planet of good fortune, stays in the partnership area of your chart until September, by which time you will be on excellent terms with people who can help you move closer to realizing your dreams, and as the solar eclipse on Sept. 1 brings one major project to a successful conclusion you will quickly move on to the next.

Saturn's ongoing influence will find ways to remind you that only quality work counts, but you won't need much guidance. On every level — mental, emotional, professional and financial — you know a good thing when you see it: yourself!

Financial health is within your grasp

PLANNING

Make it a resolution to take control of your money

Gail Vaz-Oxlade
For Metro Canada



If you're one of the people who have been letting the other guy handle the money, I've got a strong cup of coffee here for you: Take a sniff. While it may seem easier to let buddy deal with the dollars, that'll only save you some short-term fighting.

In the long term, you might find your family's financial reins are knotted up pretty badly.

Some people are unwilling to do the daily discipline of good money management; they'd rather leave it to their mates to manage the minutiae.

Others don't want to know the mess they've made. And some — even smart, hard-working folks — just haven't figured out that not everything you want you can have right away.

You need a plan.

Whenever you abdicate responsibility for dealing with the day-to-day of your money, whether you say, "Oh (s)he's better with the details," or "I just don't have the time," you're giving away control of your wealth.

If you don't know what the hell is going on with your money, you shouldn't be surprised to wake up broke. And giving it away isn't just handing over the money management to your mate.

It's also letting someone else make your investment decisions, allowing someone else to tell you how much money you can afford to borrow, and letting yourself get pushed into decisions you aren't absolutely convinced are good for your long-term financial health.

You work hard for your money, so hard for it honey.



This week, make a date with your partner to go over your finances. ISTOCK

No one gets wealthy by accident. Pay attention to your money.

Why won't you spend a little time paying attention to what you're doing with it? And what it's doing for you.

Money management may not be the most exciting part of your life; not everyone gets turned on counting up their coins.

But it beats the heck out of having to deal with the negative fallout of having not paid attention. And, you know what? It doesn't take all that much time.

This week make a date to sit down with your mate and go over your money. From

how much you're spending on food (you do have a budget, right?), to when you expect to be debt free (and a debt repayment plan?), to when you'll need to update your will (please tell me you have a

will!), the conversations you have will lay the foundation for sharing your wealth: your wealth of knowledge, your wealth of insight, your wealth of experience.

If you have "people" who are managing your investments, insurance, estate plan, taxes...

whatever, make an appointment to review how things sit.

Waiting for their once-a-year obligatory call isn't good enough. And, for heaven's sake, stop thinking that those people have your best interests at heart. They are in business to make money. They have bosses and sales targets and corporate expectations to meet.

If you don't have the time to take care of your money, why the dickens would they be interested in doing any more than the bare minimum to keep you as a client?

No one gets wealthy by accident. Pay attention to your money.

For more money advice, visit Gail's website at gailvazoxlade.com

SECOND CITY

Undoing anxiety in the spotlight

A decade ago, Cameron Algie couldn't imagine getting up on a stage, let alone performing improv comedy in front of an audience. Grippled by anxiety, he scoffed when his therapist suggested he was naturally funny and might do well in an improv class at Second City Toronto.

"It seemed like the scariest thing to do," recalls the Cambridge, Ont., native. "Anxiety is all about anticipation and imagining all these scary things, but once I was there in the class, it really was scary but fun."

Algie went on to complete all five stages of the improv classes there and then studied at the conservatory level. Now he teaches Improv for Anxiety or Public Speaking at the Second City Training Centre in Toronto.

Group work and building social skills are also a focus of the centre's new class, Improv for Teens on the Autism Spectrum, which begins Jan. 9.

Instructor Cassie Moes, who pitched the idea for the class, learned how to work with people with special needs as a middle-school teacher. She also had experience teaching improv exercises for people with special needs and did respite care at Reach Child and Youth Development Society in Delta, B.C.

"As kids get older — kids who are on the spectrum — there's not a lot of programming and resources that's of good quality for them to explore different things," says the Vancouver native. "So I really wanted to offer a pro-

gram where not only will they get the social element that improv really provides but they would also just get to learn some skills which they can apply in their day-to-day life."

Algie says the biggest obstacle for students in the anxiety class is self-judgment.

"When you stand in front of an audience, the audience is never judging you as harshly as you're judging you," says Algie. "If you make a little mistake onstage, the audience probably doesn't notice or care or think of it as a mistake. They probably laughed, found it funny."

Moes says they tell students not to try to be funny.

"I always try to say, who you are and what you have and what you bring inherently is enough," she says. "You are protected by the framework of the game. The more you let yourself go, those are the people who have the most success, the people with no filter."

Algie and Moes say some anxiety alumni have gone on to perform in front of hundreds and even formed their own troupes.

"For a lot of people, public speaking is worse than death," says Moes. "So they're like, 'If I can stand on this stage and perform in front of 200 people, what else can't I do in my life?'"

The Improv for Teens on the Spectrum classes are for "high-functioning independent teens" ages 13 to 19.

Moes says she plans to do group exercises to help students feel safe, pick up on emotional cues and "go outside of themselves." THE CANADIAN PRESS



Cassie Moes teaches improv classes for teens on the autism spectrum beginning Jan. 9 at Toronto's Second City Training Centre. HANDOUT/THE CANADIAN PRESS

COLLEGE DEGREE CRAFT BEER

Brewing good business

In the last decade, the number of craft breweries has grown to more than 4,000 in the U.S. today, from more than 1,400 in 2005, according to the Brewers Association. As the industry gets more competitive, some

universities are now offering programs on the business of craft beer.

Years ago, a lot of breweries started with a focus on beer, said Gregory Dunkling, director of the University of Vermont's new online business of craft beer certificate

program. Then a home brewer may have been able to create great recipes but didn't have the business acumen, which these courses teach.

Portland State University in Oregon started an online business of craft brewing program in 2013. University

of Portland and San Diego State University's College of Extended Studies also have business of craft beer certificate programs. Classes for San Diego State's program are held at local breweries and at the university, but not online. THE ASSOCIATED PRESS

ROBOCOP TERMINATOR

Which '80s cyborg wore it better?

RoboCop and The Terminator are two of the most iconic sci-fi films of the 1980s. Both are set in a post-apocalyptic world where man and machine merge in an unforgettable cyborg. The franchises even spawned a four-issue comic-book crossover by cartoonist Frank Miller in 1992. But head-to-(metallic)-head, which futuristic cyborg ruled the silver screen?

Best Mission In RoboCop, police officer Alex Murphy (played by Peter Weller) is killed by a gang of thugs, then revived and transformed by a mega-corporation into the ultimate (and shiniest) beat cop. In The Terminator, Arnold Schwarzenegger famously plays a cyborg assassin who travels back in time to stop the saviour of humanity. As far as missions go, that one's hard to top.

Winner: The Terminator

Best Outfit While the Terminator has snazzy wraparound shades and a punky leather jacket, RoboCop gets a chrome bodysuit with built-in weapons and sleek sound effects. **Winner:** RoboCop, obviously.

Best Setting The Terminator prowls the suburban sprawl of '80s L.A., while RoboCop patrols the mean streets of dystopian Detroit. **Winner:** Both look equally scary. This one's a draw.

Best Ride RoboCop's 1985 Ford Taurus may be the most ordinary supercar in movie history, though it did have an onboard computer member, this was back in the '80s. The Terminator drives an assortment of stolen cars, including a '70s-era Chevy Nova, which he plows through a police station.

Winner: RoboCop

Best Catchphrase RoboCop's two most memorable lines are his understated warning to evildoers ("Dead or alive, you're coming with me") and his ominous advice for Detroit's youth ("Stay out of trouble"). But neither had the cultural cachet of the Terminator's unstoppable "I'll be back" — Arnie even used it on the campaign trail for governor of California.

Winner: The Terminator, baby.

Whether you're a Robo-rooter or a member of Arnie's army, you can relive both movies in all their '80s glory this month on Hollywood Suite. Check out RoboCop and The Terminator back-to-back on January 12, uncut and commercial-free. Take advantage of Hollywood Suite's free preview, or sign up for only \$6 (or less) a month. Hollywood Suite takes you back to the '70s, '80s, '90s and 2000s with hundreds of movies on 4 HDTV Channels, Hollywood Suite On Demand and the Hollywood Suite GO app. Learn more at hollywoodsuite.ca.

HOLLYWOODSUITE



JOHANNA SCHNELLER WHAT I'M WATCHING

Grace in an unexpected place



Transparent creator Jill Soloway teases out the show's scenes that give viewers startling insight into the characters. CONTRIBUTED

THE SHOW: Transparent, Season 2, Episode 10 (Shomi)
THE MOMENT: The Embrace

Maura Pfefferman (Jeffrey Tambor), a 60-something transitioning, transgender woman, lies on a bed with Vicki (Anjelica Huston), who's had a double mastectomy, astride her.

"I don't know what to do," Maura whispers. Slowly, slowly, they begin to have sex.

The camera doesn't cut away.

It stays steadily on these two imperfect people.

So unaccustomed are we to seeing that, that at first it feels invasive, even merciless. But if you don't flinch, you'll realize that what you're witnessing is a moment of grace.

I'm so in love with this show I don't know where to begin.

To focus on a serious scene risks minimizing how slyly hysterical it is, how uncountable the witty lines and brilliant muttered asides, how effortlessly the actors throw them away.

You could watch Transparent for the laughs alone, and they would be smarter and more numerous than on any other show.

But creator Jill Soloway isn't content with that — she also gives us scenes of startling insight and intimacy, which she builds up to so skillfully that someone dancing with her reflection; or eating from a microwave, naked and alone in the dark; or hanging on the side of a pool, talking to her sister about sex, will make you gasp.

And when, in the last two episodes, Soloway brings together the many seemingly disparate strands she's been teasing out — well, if you were standing up, your knees would buckle.

Seriously, this show is a game-changer.

Nothing else comes close.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

DOCUMENTARY

Boston Marathon film celebrates spirit

America's marquee marathon is ready for its closeup.

Boston, the first feature-length documentary film about the Boston Marathon, is in the works. Its creators say the movie will go well beyond the 2013 bombings to retrace the iconic footrace's first steps in 1897.

"Over the years, the Boston Marathon has had so many extraordinary stories of people achieving and accomplishing things," said producer Megan Williams, an Oscar-nominated filmmaker. "It's like looking at cultural and social change over the last century through the lens of this major sporting event."

Two feature films (one starring Mark Wahlberg), a stage play and an HBO special also are in production, though they're all

about the 2013 finish line attacks that killed three spectators and wounded more than 260 others.

No Boston documentary would be complete without the dark events of 2013. Boston, however, will focus less on the chaos than the comeback. The producers had 56 cameras along the course in 2014 for the marathon's first running since the bombings.

Director Jon Dunham said the city's determination to take back its namesake race will be a recurring theme in the movie, which was conceived before the attacks.

But the film will be a sort of highlights reel from the 120-year-old marathon, the nation's oldest. The Boston Athletic Association gave Dunham exclusive rights to its archive for the film.

THE ASSOCIATED PRESS



Meb Keflezighi wins the 118th Boston Marathon in 2014. Keflezighi was the first American man to win the race in 31 years. Boston is set to premiere in April 2017. THE ASSOCIATED PRESS

GOSSIP BRIEFS

Camille Cosby must give deposition against Bill

A federal judge has denied a motion by Bill Cosby's wife to throw out a subpoena requiring her to give a deposition in a lawsuit brought by seven women who accuse the comedian of sexually assaulting them decades ago. The ruling issued Thursday by U.S. Judge Magistrate David Hennessey in Springfield, Mass., means Camille Cosby is scheduled to be deposed by lawyers for the women on Wednesday. In his 12-page decision, Hennessey said Camille Cosby failed to prove that she and her husband were protected by the state's marital disqualification law. He also rejected claims that the value of the testimony would be outweighed by the "undue burden" it would cause.

THE ASSOCIATED PRESS

Bieber locks lips with Hailey Baldwin at NYE bash

It looks like Justin Bieber is hoping to kick



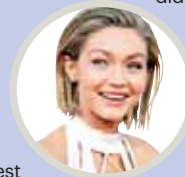
off 2016 by putting to rest those pesky dating rumours — like Kourtney Kardashian, or him trying to woo back Selena Gomez — because the Biebs rang in the New Year "sucking face" with additional rumoured girlfriend Hailey Baldwin at Richie Akiva's villa party in St. Barts. NED EHRBAR/METRO

One Direction's Zayn Malik strikes a pose for Gigi Hadid

Speaking of pop stars' dating lives, exactly how close are former One Direction member Zayn Malik and Gigi Hadid?

Close enough for her to post photos of his bare chest to Instagram. Oh, and there was an adorable kitten in the pic, too, so it's basically peak Internet. Hadid posted the black-and-white photo without comment, just a simple image of Malik's headless torso cuddling her beloved cat, Cleo. Fans easily recognized Malik by his tattoos.

NED EHRBAR/METRO



The Cleveland Browns had no comment on a report that injured QB Johnny Manziel went to Las Vegas on Saturday

+ MORE Q

SEA DOGS 3 SCREAMING EAGLES 1

Nathan Noel broke a third-period tie to lead Saint John (23-13-3) past the Screaming Eagles (20-17-4).

OCEANIC 3 VOLTIGEURS 2

Tyler Bolland scored the eventual winner on the power play as Rimouski (23-11-4) hung on to beat the Voltigeurs (18-21-1).

REMPARTS 4 DRAKKAR 3

Bronson Beaton and Olivier Garneau scored twice in a 20-second span in the third period as Quebec (23-13-4) rallied past the Drakkar (5-28-3).

OLYMPIQUES 7 PHOENIX 2

Vitalii Abramov had two goals and two assists as the Olympiques (25-11-2) downed Sherbrooke (15-19-5).

CATARACTES 4 SAGUENEENS 3

Alexis D'Aoust scored the eventual winner midway through the third period as the Cataractes (24-11-3) slipped past Chicoutimi (18-17-4).

FOREURS 4 HUSKIES 2

Anthony Beauregard had a goal and two assists as the Foreurs (29-8-3) doubled up Rouyn-Noranda (29-6-4).

TIGRES 6 TITAN 4

James Phelan struck twice as the Tigres (17-14-7) got past Acadie-Bathurst (15-20-4). THE CANADIAN PRESS

Moose rally late, but fall to Islanders in overtime

QMJHL

Herd's three goals in final 10 minutes not enough for win

It was a game that shouldn't have gone to overtime, but it did and the Charlottetown Islanders prevailed 6-5 over the Halifax Mooseheads on Sunday in Charlottetown.

Credit recently returned Pittsburgh Penguins prospect Daniel Sprong for the winning goal 58 seconds into extra time on a tip-in during a scramble in front of Halifax's net.

That erased the fact the Isles led 5-2 with 10 minutes left in the third on Sprong's first goal of the game (it was reviewed and found to have hit the underside of the top of the net) only to let the lead slip.

Things fell apart defensively for Charlottetown after a power-play goal by Halifax's Joel Bishop and a tally by Maxime Fortier (at the end of a four-on-four) came 15 seconds apart and closed the gap to 5-4.

Then with 13 seconds left in the third, Islanders forward

+ UP NEXT

The two teams play again Tuesday in Halifax at Scotiabank Centre. Puck-drop is 7 p.m.

Bradley Kennedy was called for icing. Off the faceoff in Charlottetown's zone, the Herd's Otto Somppi evened the game 5-5 with two seconds remaining.

Halifax's Danny Moynihan assisted on the tying goal. He also scored in the second and added a helper on Fortier's marker.

"It was one of those games where everybody had a slow start. We got better and better as the game went along and the third (period) was our best," said Moynihan, who leads the Herd with 24 goals. "We just started outworking the other team ... started keeping things simple, started getting pucks to the net.

That's when we got our goals." Charlottetown upped its mark to 15-20-2-2 in the Quebec Major Junior Hockey League while Halifax dropped to 13-20-5-1.

Charlottetown led 1-0 after



Islanders goaltender Matthew Welsh, a Halifax native, tries to block a shot by Mooseheads forward Danny Moynihan during Sunday's game at Eastlink Centre in Charlottetown. TC MEDIA

the first period on Dexter Weber's third goal of the season, then it took a 3-0 lead five minutes into the second frame on goals by newcomer Samuel Blais and Mitchell Balmas.

Barrett Dachyshyn made things 3-1 until the Isles' Johnny Foley upped the lead to 4-1. Moynihan struck at the 19:03 mark of the second and Char-

lottetown went into intermission leading 4-2.

Sprong's goal in the third gave the Isles a three-goal edge, but Weber said the team survived despite slipping into automatic pilot far too early.

"Our intensity dropped for a bit. It was a lack of focus. We were focusing on we already had the game in hand," said

Weber, who added four assists, including on the game-winning goal, for his first career five-point game. "You can't do that because it will come back to bite you."

Matthew Welsh stopped 25 shots for the win while Eric Brassard faced 50 shots in the loss.

TC MEDIA

2

Halifax is now alone in the basement of the Maritime Division, two points back of Charlottetown.



Former Mooseheads star Jonathan Drouin has just two goals with the Lightning in 2015-16. MIKE CARLSON/GETTY IMAGES

NHL

AHL-bound Drouin asks out of Tampa

The agent for Tampa Bay forward Jonathan Drouin said Sunday that he made a trade request with the Lightning over a month ago.

Drouin, the former Halifax Mooseheads star who was drafted with the third overall pick in 2013, has eight points in 19 games with Tampa Bay this season. He was assigned to AHL Syracuse on Saturday.

"On behalf of Jonathan Drouin, I formally requested a trade from the Tampa Bay Lightning back in November," agent Allan Walsh said in a statement. "We

108

Jonathan Drouin had 108 points (29-79) in 2013-14, his final season with the Halifax Mooseheads.

have not said one word about this untenable situation publicly until today. It's in everyone's best interests that Jonathan be allowed to move on and play hockey.

"Let's be clear, Jonathan loves

playing for the fans in Tampa, he loves his teammates and many people within the Lightning organization have treated him well. It was his sincere intention to play in Tampa for many years."

Lightning general manager Steve Yzerman said in a statement on Sunday that the team acknowledges Walsh's request for Drouin to be traded.

"Moving forward, my sole intention is to act in the best interest of the Tampa Bay Lightning hockey club," Yzerman said. "In the meantime, Jonathan has

been assigned to our American Hockey League affiliate, the Syracuse Crunch, and we expect him to report for practice with the rest of his teammates this Tuesday morning."

On Saturday, Yzerman said Drouin was being sent to the minors to get more playing time.

Slowed by injuries, Drouin has just two goals this season. The 20-year-old native of Ste-Agathe, Que., had 32 points (four goals, 28 assists) in 70 games last season.

THE CANADIAN PRESS

WORLD JUNIORS

'The coaching staff did an excellent job'

Tom Renney came to the defence of Canada's coaching staff at the world junior hockey championship on Sunday.

The president and chief executive officer of Hockey Canada spoke a day after Canada dropped a 6-5 decision to Finland in the quarter-finals of the international event, guaranteeing a sixth-place finish at the tournament. It is the lowest Canada has placed at the world juniors since 1998.

"I thought our team was very well-prepared, I thought we had as good a coaching staff at the competition as anyone," Renney said in a conference room at the team's hotel. "There's no doubt in my mind that our guys put the time and effort in to have the team ready to go."

"There is a point in time where that transfer of responsibility goes from the coach to the player."

Head coach Dave Lowry's squad of under-20s struggled throughout the tournament

with discipline on the ice. Canada took 10 minor penalties in a 5-2 loss to Sweden in the final game of the preliminary round before taking nine penalties in the quarter-final loss to Finland.

A particularly costly series of events saw forward Jake Virtanen — on loan from the NHL's Vancouver Canucks — take a double minor in the third period against Finland. While killing that penalty defenceman Joe Hicketts took a delay of game penalty when trying to clear the puck.

It was during the ensuing 5-on-3 that Patrik Laine scored the game-winning goal for Finland.

"That's the beauty of this event," said Renney. "We're talking about teenagers that are having to deal and cope with situations in the spontaneity of playing hockey that sometimes work against you and sometimes don't."

"The bottom line is that the coaching staff did an excellent job." THE CANADIAN PRESS

.860

Canada's team save percentage, which was second-worst in the 10-team tournament. Goaltenders Mackenzie Blackwood and Halifax's Mason McDonald combined for a 3.58 goals-against average.



John Quenneville, left, and Travis Konecny react following Canada's loss to Finland in Helsinki on Saturday.

SEAN KILPATRICK/THE CANADIAN PRESS

SOCCKER IN BRIEF

Chelsea remains hot in beating Crystal Palace

Chelsea displayed some of the swagger from last season's title-winning campaign in beating Crystal Palace 3-0 in the Premier League to continue its resurgence under caretaker manager Guus Hiddink on Sunday.

Oscar put the champions ahead in the 29th before Willian and Diego Costa scored in the second half.

Chelsea has put up the worst title defence in league history, but is unbeaten in four games since Hiddink replaced the fired Jose Mourinho. THE ASSOCIATED PRESS

Real Madrid settles for draw with Valencia

Real Madrid squandered a late lead and a chance to catch Barcelona in the Spanish league standings when it slipped to a 2-2 draw at Valencia in a match it ended with 10 men on Sunday.

Gareth Bale headed Madrid to a 2-1 advantage in the 82nd minute, only for Paco Alcacer to strike right back for the hosts a minute later to spark a thrilling finish by both teams.

Barcelona played to a scoreless stalemate at Espanyol on Saturday. THE ASSOCIATED PRESS



Mario Butler of the Bills breaks up a pass intended for Jets wide receiver Brandon Marshall in Orchard Park, N.Y., on Sunday.

TOM SZCZERBOWSKI/GETTY IMAGES

Ryan and Bills keep Jets from playoffs

NFL

Steelers advance with victory and New York loss

Leave it to Rex Ryan to continue the New York Jets' playoff drought.

Ryan and the Buffalo Bills stopped the Jets from making the playoffs Sunday and gave the Pittsburgh Steelers the final playoff spot in the AFC.

The Bills beat the Jets 22-17, while Pittsburgh knocked off Cleveland 28-12, the only results that would have gotten the Steelers into the post-season.

Pittsburgh will be the No. 6 seed and travel to the No. 3 seed, Cincinnati.

"I've got a lot of friends over there, and I want them to be successful, but not at my expense," Ryan said.

Ryan has plenty of friends in the Steel City now.

"A lot of thanks to coach Ryan and the rest of the Bills and everybody in Buffalo," Steelers quarterback Ben Roethlisberger said. "I know they're excited about 8-8 and we're excited they got us in."

Denver struggled in the first half against San Diego before inserting Peyton Manning in place of Brock Osweiler at quarterback and holding on late for a 27-20 win for the AFC West title and top seed.

+ PINK SLIPS

Hours after losing to the Steelers, Browns owner Jimmy Haslam fired coach Mike Pettine and general manager Ray Farmer following their second straight losing season in charge. Pettine went 10-22 in two years.

Houston also clinched the AFC South with its win over Jacksonville and will host Kansas City after the Chiefs beat Oakland for their 10th straight victory.

Meanwhile in Charlotte, the Carolina Panthers closed a remarkable regular season with

a 15-1 record following a 38-10 rout of the Tampa Bay Buccaneers. They locked up the NFC's top seed and earned a bye, as did the Arizona Cardinals, next week.

The NFC playoff picture was to be fully settled Sunday night after the game between Minnesota and Green Bay. Seattle's blowout win over the Cardinals means the Seahawks will avoid a trip to Lambeau Field to open the playoffs as long as the Packers and Vikings didn't finish in a tie. The winner between the Vikings and Packers will be the No. 3 seed.

Washington, which closed the season with its fourth straight win, is the fourth seed and will host the No. 5 seed.

THE ASSOCIATED PRESS

Pats end regular season in a rut

A whipsaw hit sent Tom Brady's legs one direction and his upper body the other, leaving him face down in the turf.

Brady rose — slowly — but the hits kept coming from the Miami Dolphins, who beat New England 20-10 Sunday and prevented the Patriots from clinching the No. 1 seed in the AFC playoffs.

With the Pats anxious to protect Brady's health, he threw a season-low 21 passes, and even so he was lucky to make it through the game in one

piece. He was sacked twice and endured at least half a dozen knockdowns, including three on one series.

"I'm pretty sore," Brady said, "but I'll be all right."

He walked gingerly as he left the postgame interview podium.

For the second week in a row, the Patriots (12-4) missed a chance to earn the top playoff seed by winning. They were edged out by Denver, which means New England is not assured of home-field advantage

throughout the playoffs.

All of New England's losses have come in the past six games.

"Nothing over the last six weeks is going to matter," Brady said. "We have to play well going forward if we want to make anything of our season."

Brady finished Sunday's game 12-for-21 for a season-low 134 yards, and was held without a touchdown pass for the first time this season.

THE ASSOCIATED PRESS



Tom Brady
GETTY IMAGES

RECIPE Sweet and Spicy Salmon



PHOTO: MAMA VISENTE

Ceri Marsh & Laura Keogh
For Metro Canada



- 2 Tbsp sriracha
- 3 Tbsp water
- 4 salmon filets
- 2 tsp sesame seeds

Today is Ceri's birthday so we'll be eating cake, but you should totally make this. This recipe comes together so quickly and easily you have no excuse for not making a healthy dinner.

Ready in
Prep time: 25 minutes
Serves 4

Ingredients
• 3 Tbsp soy sauce
• 2 Tbsp honey

Directions

1. Preheat the oven to 425 F.
2. In a small bowl whisk together the marinade ingredients.
3. Place the salmon filets on a rimmed baking sheet.
4. Spoon the marinade on top of the salmon and bake it for 15 minutes.
5. Serve with rice and greens and a sprinkling of sesame seeds.

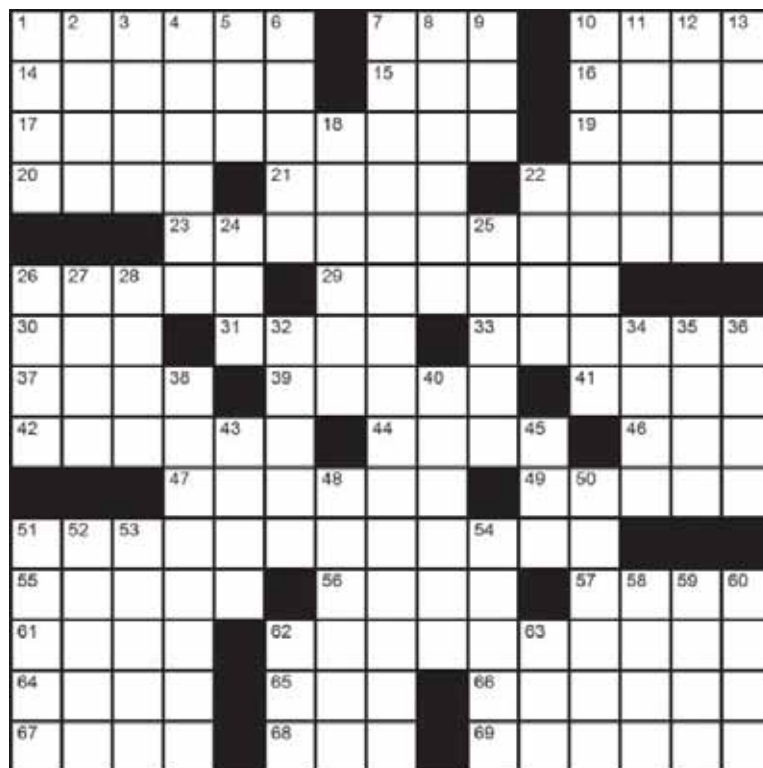
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Business bigwigs
7. Scand. land
10. 'N' in #15-Across' answer, briefly
14. Turkey's capital
15. Winnipeg Jets org.
16. Female 'friend' in France
17. Wearing very high-heeled shoes, say
19. Health club class
20. Diner beverage
21. Two-masted boat
22. Seize power
23. "Body's in Trouble" by Canadian singer/songwriter ___ O'Hara
26. Perform like Magic Mike
29. "Only the ___" by Roy Orbison
30. Canuck motorists org.
31. Leaky ink shape
33. Mitsou's message for her Cowboy: 2 wds.
37. Takes ___ (Swims)
39. "And in the morning when ___..." - Loggins & Messina
41. Chess piece
42. "The Blue ___" by Johann Strauss Jr.
44. Be without
46. Pres. Eisenhower
47. On your marks, ___...Go!
49. Stranded, castaway-style
51. Items obtained through hunting



used to adorn traditional Inuit clothing: 2 wds.
55. Flexible
56. Spawned
57. Epochs
61. Sort of streambed
62. Can function independently - no ac-

cessories required
64. Actress Ms. Arden's
65. Nero's 151
66. Say "I'd like you to come."
67. Skin-care products suffix
68. Underworld goddess of Norse

mythology
69. Lashed lieu

DOWN

1. Low music pitch
2. Not tricked: 2 wds.
3. Become traction-less
4. Deli selection

5. Prior, previously
6. Ancient companion for Dionysus
7. Trans-Canadian ___ (Recreational traveler's winter route)
8. Jill of "The Love Boat"
9. Antiquity
10. One of the opinion that it can't be done
11. French Canadian singer, France D'__
12. Striped big cat ...mais en français
13. Jumped
18. Songstress Ms. Swift
22. The ___ Duckling
24. Police alert, commonly
25. Medieval bowed instrument
26. Large amount
27. "Presto!"
28. Particular precipitation
32. Eurythmics' "Would I ___ You?"
34. Seethe
35. Oxen harness
36. Just managed, ___ out
38. Boxing
40. Lustrious fabric
43. Lilith's portrayal on "Cheers"
45. Sewing collection
48. Nuanced
50. Delay or cancel
51. Made noise, crow-style
52. Plant source of tequila
53. Canadian band, Red ___
54. "___ and the Cruisers" (1983) starring Tom Berenger
58. Churn
59. Not in favour
60. Plant's origin
62. Educ. institution
63. Whichever

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
If you think you cannot lose then you're halfway toward winning. A positive mental attitude is a must as you have so many things to do. You can never be optimistic enough.

Taurus April 21 - May 21
Fortune will smile on you this week, especially if you think and act quickly. Your enthusiasm will impress people and increase the odds that you'll get a good offer. Self-belief plus hard work equals success.

Gemini May 22 - June 21
You'll be a bit emotional today but that may be no bad thing. Some people think they can let you down and get away with it. Remind them actions have consequences.

Cancer June 22 - July 23
You've realized that a certain person is no good for you, now let them know that your association is done. Don't worry about hurting their feelings — it's your feelings that matter.

Leo July 24 - Aug. 23
There'll be a lot of noise this week and you'll wish you could switch off the world. That isn't going to happen so invest in a good pair of headphones. Tune out the negativity.

Virgo Aug. 24 - Sept. 23
You may be inclined to let false accusations about you pass but the planets warn if you do your reputation will suffer. Don't let anyone say bad things about you without an instant response. Stand up for yourself.

Libra Sept. 24 - Oct. 23
Before the end of the month you must get both your family and financial houses in order. What you change now will determine how much fun you have later.

Scorpio Oct. 24 - Nov. 22
Something will occur today that angers you a bit but don't let your feelings get out of control. And before you make any kind of accusations make sure that the facts are correct.

Sagittarius Nov. 23 - Dec. 21
Follow your heart over the next few days or you could miss out. Where relationships are concerned, be more open and honest about how you feel. Don't be suspicious of passion, least of all your own.

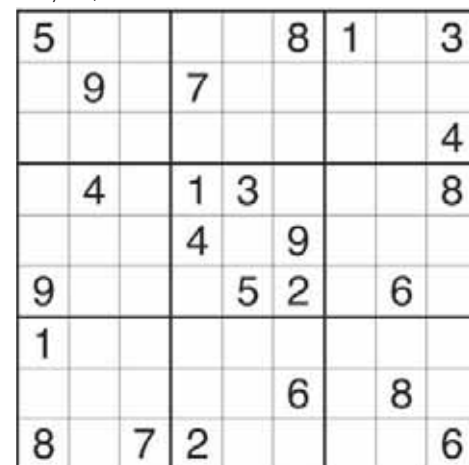
Capricorn Dec. 22 - Jan. 20
Every word a certain individual says seems to rub you up the wrong way. Either stay away from them or let them know that they need to keep silent around you. The time for pleasantries is over.

Aquarius Jan. 21 - Feb. 19
A friend is going through a hard time and you want to help them. Your best course of action is to keep your distance. Give them space to work things out for themselves.

Pisces Feb. 20 - March 20
Mix business with pleasure, but be careful the pleasure part of the equation does not take over completely. Get your work done first, then reward yourself with a night on the town.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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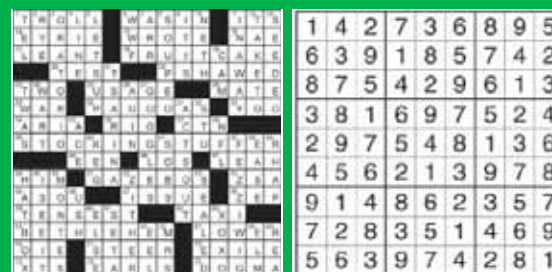
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